



EDUCATION PROGRAMS



Cleveland Clinic
Nevada

PRACTITIONER EDUCATION

FOR ALL PRACTITIONER TYPES.

CME PROGRAMS

No-cost CME/CEU activities that address diagnosis, treatment, and management of Alzheimer's disease and other dementias.

CME GRAND ROUNDS LIVE

4th Friday of each month
12:00 pm – 1:00 pm
Via Zoom with Q&A
To view and register for
LIVE CME activities visit:



CME GRAND ROUNDS ON-DEMAND

View accredited
CME/CEU activities
on - demand 24/7
from any device.
To view and register for
on-demand activities visit:



- All CME Grand Rounds activities are lead by our world-class specialty physicians
- CME Grand Rounds are funded by HRSA's Geriatric Workforce Enhancement Program in collaboration with UNLV School Medicine
- NAC 630.155: Medical practitioners taking a continuing education course on the recent developments, research and treatment of AD or other forms of dementia are entitled to receive a maximum of 8 hours of CME credits for 4 hours of actual time spent in a course during any biennial licensing period.



**PAST CME CONFERENCE TOPICS ARE
AVAILABLE AS SUPPLEMENTAL LEARNING
ACTIVITIES. BOTH AUDIO AND VIDEO
FORMATS ARE AVAILABLE HERE.**

STUDENT EDUCATION

MEDICAL STUDENT, RESIDENT AND FELLOW TRAINING

Whether you've chosen a career in Family Practice, Community Medicine, Internal Medicine, Emergency Medicine, Psychiatry or Geriatrics, it is likely that you will provide care for patients with dementia. Our e-learning modules are specifically designed to equip you with the knowledge you'll need to diagnose, treat and manage patients with dementia.

Convenience E-Learning

View and register for our NO-COST, self-paced, didactic e-learning training modules designed specifically for medical students, residents, and fellows.

Virtual Observations.

Available to Family Practice, Internal Medicine, Emergency Medicine, Psychiatry, Geriatrics.

Interdisciplinary Clinical Neuroscience Seminar (iCNS)

View exclusive recordings of Cleveland Clinic's hallmark interdisciplinary case study reviews. Live participation is also welcome. Visit our website to view or incorporate on-demand didactic educational activities on a variety of ADRD topics into your training curriculum.

Health Profession Students

Whether you've chosen a career in nursing, social work, physical or occupational therapy, it is likely you will encounter a patient living with dementia in the health care setting. Our e-Learning modules are designed for all future healthcare professionals. Introductory, intermediate and advanced self-directed didactic e-learning courses are available at NO-COST for students pursuing a career in the healthcare field.

Community-based Trainees

Whether you have a career in healthcare, are a caregiver, or serve the community in various capacities, our e-learning modules make it easy to learn more about the challenges and experiences individuals living with dementia and caregivers face each day. Our e-Learning courses are NO-COST, self-paced, didactic educational training opportunities for those who serve those living with dementia and their caregivers.



**VIEW ALL
STUDENT
EDUCATION
COURSES ON
OUR WEBSITE**

COMMUNITY EDUCATION PROGRAMS

FOR ALL MEMBERS OF THE COMMUNITY AT NO COST.

Lunch & Learn:

Virtual / Live via Zoom with Q&A
Wednesdays 12:00 pm – 1:00pm
Offered on most Wednesdays.

Topics cover information and management of the neurological diseases treated at the clinic, community resources, and healthy aging.

Powerful Tools for Caregivers

Virtual / Live Via Zoom
Intermittently throughout the year.
Day and evening classes.

Six-week, evidence-based caregiver education program.

Caregivers learn how to identify and reduce stress, communicate feelings, needs, and concerns, navigate challenging situations, master difficult decisions, and practice self-care. This program is also offered in Spanish.

Grief and Relief

24/7 Confidential Hotline
1.844.204.7433

Connect to the Cleveland Clinic Spiritual Care Center to speak with a clinically trained chaplain for solace and support.

Conversations to Remember

Second and Fourth Monday
10:30 am – 11:45 am

Telling stories through art is fun, fosters creative thinking, and stimulates distant memories.

The Learning Arts

First and Third Tuesday
11:00 am – 12:00 pm

Eclectic excursions via videoconferencing with museums across North America. This program supports two important pillars of brain health – continued learning and social engagement.

Mind in Design

First Monday each month
10:30 am – 12:30 pm
1:00 pm – 3:00 pm

An art-making class for everyone! A NEW spin on a fun program designed to promote patient/caregiver interaction, increase socialization, and provide space for individuals to change their routine, de-stress and unwind. Art kit provided at no cost. Advance registration required.

Lynne Ruffin-Smith Library

Our e-Library is a great resource! Visit: <https://www.keepmemoryalive.org/caregiver-support/caregiver-education-library> to browse our selections.

How to Access Books:

A FREE Library ID # - Call 702.271.9563. Books can be downloaded to our Libby by OverDrive app or Kindle. Choose Cleveland Clinic Lou Ruvo Center for Brain Health as one of your libraries.

Dealing with Dementia

Virtual / Live via Zoom Offered
Each Quarter

Dealing with Dementia is a four hour seminar aimed at helping care partners understand dementia, manage difficult behaviors, handle stress, and find time for themselves.

FIND US AT

[my.clevelandclinic.org/
locations/nevada/
specialties/caregiver-
resources](https://my.clevelandclinic.org/locations/nevada/specialties/caregiver-resources)



SUPPORT GROUPS

FOR PATIENTS AND CARE PARTNERS



Frontotemporal Dementia (FTD) & Primary Progressive Aphasia (PPA)

1st & 3rd Wednesday

6:30 pm – 8:00 pm

Contact Michelle:

pesterm@ccf.org

Parkinson's Disease (PD)

4th Tuesday

11:30 am – 12:30 pm

Contact Michelle:

pesterm@ccf.org

Dementia with Lewy Body (DLB)

First and Third Wednesday

1:30 pm – 2:30 pm

Contact Michelle:

pesterm@ccf.org

Huntington's Disease

3rd Tuesday

12:00 pm – 1:00 pm

Contact Michelle:

pesterm@ccf.org

Memory Loss for Caregivers

Peer-facilitated support group

Second and Fourth Wednesday

1:15 pm – 2:15 pm; 2:00 pm – 2:45 pm

Contact Dr. Carriere:

LouRuvoPeerSupGrp@ccf.org

Multiple Sclerosis

Weekly

3:30 pm – 4:00 pm

Contact Sandy:

chapmas6@ccf.org



TO LEARN MORE OR REGISTER FOR THESE PROGRAMS PLEASE FOLLOW THE QR CODE OR CALL 702-271-9563

PARKINSON'S DISEASE PROGRAMS

Evening Community Programs

Offered quarterly, this two-and-a-half-hour program features multiple speakers as well as an audience Q&A session. Speakers include both internal and guest faculty from the community and prestigious regional universities.

Weekend Symposia

This program is offered twice a year and covers a wide range of topics including disease management, therapeutic options, and health optimization strategies like diet, exercise, and mindfulness.

Lunch & Learn Sessions

Each month one Lunch & Learn session is set aside to focus on various aspects of understanding or managing Parkinson's disease. Live sessions are interactive with discussion and Q&A from the audience. Speakers include Cleveland Clinic physicians and community experts.

TO REGISTER FOR PARKINSON'S DISEASE PROGRAMS FOLLOW THE QR CODE



HEALTHYBRAINS.ORG

How Healthy Is Your Brain?

Healthybrains.org is a tool designed to engage, educate and empower all who are eager to maximize brain health, minimize risk of brain diseases and participate in the discovery of new treatments for Alzheimer's disease, Parkinson's disease, and Multiple Sclerosis.

The Healthy Brains App

- Take a free self-administered brain checkup
- Get your brain health index (BHI) score and report
- Use your personal dashboard to track progress and get tips
- Test your memory as often as you'd like
- Elect to receive news trends in brain health
- Choose to learn about possible clinical trials participation



THERAPEUTIC COUNSELING SERVICES

FOR CLINIC PATIENTS AND FAMILY MEMBERS AT NO COST
UNLESS OTHERWISE NOTED

Group Music Therapy for Individuals with Memory Loss

Monday through Friday

3:00 – 4:30 pm daily

Contact Becky: wellmar@ccf.org

Rhythmic Reminiscence

Thursdays 1:15 – 2:15 pm

A music/physical therapy collaboration.

Pre-approval required.

Contact Becky: wellmar@ccf.org

Yoga for MS

Wednesdays & Fridays:

1:00 – 2:00 pm

Contact Sandy: chapmas6@ccf.org

Yoga for Parkinson's

Saturdays: 1:00 – 2:00 pm

Contact Michelle: pesterm@ccf.org



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